

Silkeborg OK invites to DM Mellem – Danish Championships in Middle Distance 27th August 2022

We hereby invite you to take part in the Danish Championships in Middle Distance. The event is an open World Ranking Event.



Type of competition, format: Middle distance, WRE

Competition area: Thorsø Bakker

Course length: Winning time 30-35 minutes

Terrain: The terrain area is located 25-115 m above sea level. Hilly terrain with a lot of contour detail. The vegetation is mixed forest together with some open areas and areas with scattered trees. A few areas of closely-planted conifer. Generally good runnability. Some forest areas have variable amounts of brashings and light undergrowth. There are a few small areas with bracken cover. Open areas are mainly covered in grass and heather.

The forest is mainly dry underfoot, but there are some ditches, streams and marshy areas. Developed network of paths and forest roads.

First start: 12:00

Prize giving ceremony: Immediately after the race

Embargoed area: Please find the embargoed area [here](#). The area is strictly embargoed. Competitors, team officials and other persons, who, through knowledge of the terrain may influence the results of the competition, are not allowed to enter the embargoed area, unless explicitly permitted to do so by the organisers. The area is embargoed until the respective competition is finished.

Punching system: SPORTident. Renting of punching cards is possible: 25 DKK.

Map: 1:10:000, contour interval 5 m, ISOM 2017, drawn in 2022 by Steen Frandsen. Example of older map can be found [here](#).

WRE classes: W21, M21 (named D21 and H21 in start list and results)

Other classes: There will be classes for all age groups from D/H10 to D/H90). See information on the [event website](#).

GPS tracking: yes

Travel information: Distance from Billund Airport by car: 55 km. Distance from Aarhus Airport by car: 90 km. Distance from Copenhagen Airport by car: 290 km.

The organisers do not provide transport.

Accommodation: The region offers a wide range of accommodation from five-star hotels to cabins and hostels. For information, please contact [Visit Silkeborg](#).

Catering: There will be a kiosk at the venue with various sorts of fast foods.

Entry fee: 180 DKK, late entries +100%

Entry: Entries for the WRE classes shall be done through [IOF Eventor](#). Entries for all other classes shall be done in [O-Service](#) or by mail to dmmellem22@silkeborg-ok.dk with information about class, organisation and eventually SPORTident card number.

Entry deadline: 12th August at 23:59. Late entries accepted until 23rd August at 12:00.

Payment: Payments shall be transferred in Danish kroner (DKK) to

Payment details:

Bank: Jyske Bank
Bank account no. : 7844-7766557
IBAN: DK3489440007766557
SWIFT/BIC: JYBADKKK

Account owner:

Silkeborg OK
c/o Susanne Højbjerg
Vesterlundvej 205
8600 Silkeborg
Denmark

Payments are due at entry deadline. Entries are not valid without payment.

Directions for obtaining entry permit (visa): Citizens from countries with a visa requirement shall apply for a visa. See the list of countries with a requirement and further information about how to apply at www.nyidanmark.dk/.

Training opportunities: Contact inger.morten@mail.tele.dk for training opportunities.

Further information: Further information will be published on the [event website](#) and in bulletin 2 approximately one week before the event.

Organising team:

Event Director: Anker Møller, dmmellem22@silkeborg-ok.dk +45 6165 1600
Silkeborg OK

Course
Planner: Erik Bobach,
Silkeborg OK

Course
Controller: Nicolai Nielsen,
Horsens OK

IOF Event
Advisor: Keld Gade, Viborg
OK